Term 1, Week 6 8th March 2023

Te Kura o Ōpāwaho/Opawa School



30 Ford Road, Christchurch Telephone: 332 6374 Cell: 022 319 1181

Email: admin@opawa.school.nz Website: www.opawa.school.nz



Kia ora tātou,

We have some exciting staffing updates:

Kareena Olsen and **Jack Sexton** have been employed for 10 hours a week as Teacher Aides. **Valentine** (**Val**) Tiatia has been employed as a Teacher Aide and Co-Sports Coordinator and **Malia Faitaua** - **Nanai** has been employed as a teacher aide, working everyday across our school to support with learning. **Isaiah Nanai** - **Stewart** has also been appointed as the Co-Sports Coordinator for five hours a week and continues in his Teacher Aide role for the rest of the week.

Ethan and Sarah Millar are our 24/7 mentors through Strengthening Linwood and they work (a total of) 10 hours (contact time) each week.

Kevin Hapi is being employed for an hour a week (using our Tū Manawa funding) to teach Mau Rakau.

This term I am the Lead Principal for our Kāhui Ako / Community of Learning, while my co-lead Principal (Averil Worner) is on leave for her sabbatical. In order to do this role, I am working remotely (offsite) each Wednesday.

Our music programme continues to thrive and we currently have 71 / 297 students involved in music lessons. Several of our students are also now in the Beginners Band called Da Capo. There are 26 students in the Band - 11 from Beckenham School, 10 from Opawa and 5 from Hillview. We are excited to host this Band every Tuesday morning in our hall. Watch this space for more information about a Senior Choir and also a Senior Rock Band opportunity later this year!

Have an awesome couple of weeks and all the best to our 13 students who are competing on Friday at the South Zone swimming sports at Wharenui Pool.

Ngā mhi, Sally



Welcome to our new students and their Whānau/families: Florence, Xavier, Emily, Broly, Sienna Rm 1 and Jack Rm 19



DATES FOR THE DIARY

Term 1 Dates

Zones Swimming Sport 10th Mar Ōtautahi Pride 17th Mar HAS Meeting 22nd Mar Board Hui 29th Mar Canterbury Swimming Sports 6th Apr

2023 TERM DATES

 Term 1
 30th Jan-6th Apr

 Term 2
 24th Apr-30th Jun

 Term 3
 17th Jul-22nd Sep

 Term 4
 9th Oct-15th Dec





It is exciting to see so many students enjoying their music lessons.

More than 70 students are learning either violin, ukulele, recorder, piano, trumpet,

trombone, clarinet, saxophone, flute, or drums.

Amazing sounds wafted from the hall on Tuesday morning as the Band had their first practise. Hopefully it won't be too long before their first performance.



STRONGER FOR TOMORROW

Mana Ake 'Phone Call' opportunity

What is it? This is an opportunity to receive a phone call from Alisha Keith one of our Mana Ake kaimahi/team members to discuss any wellbeing and/or mental health issue for you and your whānau/family. The kaimahi work alonside the school to promote wellbeing and provide support.

Kaimahi have a diverse range of skills and include, social workers, counsellors, teachers, youth workers and psychologists.

About Alisha: My background is in Social Work and my passion is working with children. I love my job and value the importance of supporting the well-being of our tamariki. It is a privilege to be a part of supporting them in many different ways. I enjoy learning about the tamariki and implementing their interests into the sessions we have, however I can.

How to access it: email <u>lisa@opawa.school.nz</u>; with your name and contact details and Lisa will get back to you to arrange an appointment time.





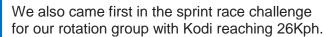


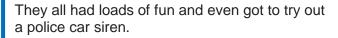


PCT (Physical Competency Test) Challenge



A number of our students attended the PCT Challenge yesterday. They did 6 different stations throughout the morning session. There were team work based activities which included Lilly Pads (making it across to the other side while keeping feet on the Lilly Pad), frisbee golf activity, folding tarpaulin into smaller size while all members have to stand on it.





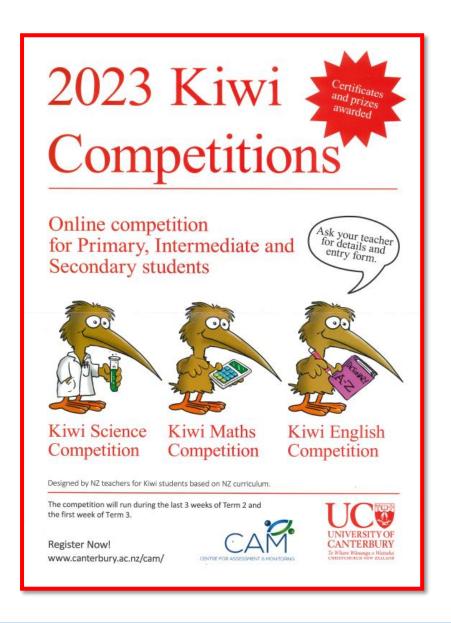














Te Aratai College Open Days Wednesday 31st May, Thursday 2nd, Friday 3rd June, 2023

These will run during the kura day. This is an opportunity for whānau to bring their tamariki/rangatahi in for a small guided tour of our kura and to see our kura in action. Whānau must book these visits online, via our online school booking system or use our QR code.

Links and the QR code will be provided to your school in the weeks leading up to these dates

Te Aratai College Open Evening Tuesday 6th June, 4.30pm-5.30pm and 6pm-7pm.

These sessions will start promptly at 4.30pm and at 6pm, with Principal, Richard Edmundson addressing our visitors, followed by a guided tour of the kura, connecting with ākonga, kaiako, our cultural narrative and all that Te Aratai College has to offer. Everyone is welcome.

School Lunch Orders





Lunches



Sushi Factory every Wednesday & Friday

Order sushi before 8.30am

Delicious lunches delivered to your school

www.lunchonline.co.nz

It's simple; all you need to do is register at

www.lunchonline.co.nz

and follow 4 easy steps to get started

- 1. Register an account
- 2. Add member/s including your name and delivery location
- 3. Make a payment to have funds in your account before you order
- 4. Select your lunch and place an order



Phone 0800 LOL LOL (0800565 565)

info@lunchonline.co.nz



Tuesday

To place an order for your child, simply visit www.subway.co.nzschools, log on, select SUBWAY School Lunch Programme –
Ferrymead Branch and follow the instructions to place an order before 9am each Tuesday. Please note that you can order days beforehand if you wish.

Please remember snacks are still required when your child has ordered lunch

School Uniform

Our uniform supplier is:

Mainland Uniforms

189 Peterborough Street

City

Phone: 377-6771





Uniform Dress:

Students are expected to take pride in their appearance.

- Please see http://www.opawa.school.nz/uniform.html for the full Opawa School uniform.
- The uniform should be clean, tidy and named.
- Only the long sleeved Ōpāwa School undergarment (gunmetal grey) should be visible under the Ōpāwa polo shirt.
- Socks/tights plain navy, black or white.
- Shoes must be black, brown or predominantly white trainers, leather shoes or sandals.
- School sun hats must be worn in Terms 1 and 4. Plain black or beige bucket/wide brimmed hat or cap.
- No nail polish and/or makeup to be worn at school.
- Coloured hair is not appropriate.
- Hair accessories: plain black, nave or orange headbands, ties, ribbons, bows or clips. Ties, ribbons, bows or clips to be no longer than 8cm in diameter.
- Drawing on skin and tattoo transfers are not acceptable.
- One piece swimming togs are recommended.
- No jewellery should be worn except watches and ear studs or sleepers. No other earrings. Any other jewellery, including rings and necklaces can be a safety hazard and are not to be worn at school. All jewellery must be removed for sport. Variations due to cultural or religious beliefs are allowed on written request from parents/caregivers.

The final decision on all matters relating to the uniform resides with the principal





Age-specific support and resources for tamariki and rangatahi with autism-takiwātanga and their whānau / ngā kete mātauranga



KidsHealth is New Zealand's trusted voice on children's health. Endorsed by The Paediatric Society of New Zealand | Te Kāhui Mātai Arotamariki o Aotearoa

www.kidshealth.org.nz

Scan the QR code with your phone to view website content





VIOLIN TUITION

Cornelia Didenco

Born in Moldova, one of the ex-Soviet Union republics. Academical degree, Graduated of Moldavian State Conservatorium: Diploma in Speciality String Instruments – Violin, Soloist interpreter/ Symphonic Orchestra Artist/ Chamber Ensemble Artist/ Music Teacher.

Violin player of the Christchurch Symphony Orchestra, solo and chamber group performer, leader of the Resonance Ensemble.

More than 30 years teaching experience and 27 of playing in Symphony orchestra in both countries Moldova and New Zealand.

During the time in Moldavian Symphony Orchestra performed in La Scala, Sala Verdi in Milano. Has also, performed on other, prestigious stages in Italy, Spain. Germany, Switzerland, Romania.

Being in New Zealand, has toured with CSO to Japan. Performed with CSO on the same stage with such celebrities as Dianna Krall, Cliff Richard, George Benson, Serj Tankian, Andrea Bocelli.

Currently teaching at CSM, SDMS, St.Martins, Te kura o Ōpāwaho/Opawa School, Hillview Christian school and privately both Violin and Viola, Theory of Music.

Cornelia Didenco came to New Zealand, 19 years ago. Married. 3 children. Enjoying family activities, gardening, cooking, accompanied by two cats and two cockatiels.

Speaks languages: Moldavian/Romanian, Russian, English.

Fees \$40 - individual 30 min. or group of two students \$20 each (beginners)

\$26 - individual 20 min.

Group of three students \$15 each for 30 min. (beginners)

Contact number 021 1047711

Email address didencocornelia@hotmail.com





We invite the children of Opawa School to try our Aikido classes. Aikido is a fun martial art that promotes physical fitness, mental focus, and discipline.

Our dojo offers classes for children [ages 5-12] and welcomes beginners. Our instructors are experienced and qualified to work with children, and we maintain a safe and inclusive learning environment.

To encourage your school to try Aikido, we offer two free lessons for each child who signs up from Opawa School and a \$20 donation to the school for each child that joins.

By participating in our classes, children can develop balance, coordination, and flexibility while learning important life skills such as self-discipline and respect.

If children are interested in learning more or would like to visit to our Linwood Dojo [220 Pages Road – besides Cowles Stadium], please contact us at Mob 021 343 672. Kids classes are held Tuesdays 4.45 – 5.30pm.

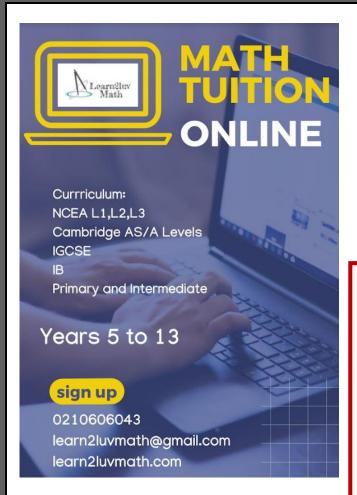








We are on the hunt for a superstar to join our Cleaning team. Minions and Me Cleaning Itd. School hours, must have a car and driver's license, and also pass a police check. You will be given full training and support. Min of two days a week. Please look at our facebook or web page for more information on our team minionsandmecleaning.co.nz. Looking forward to hearing from you soon, Bridgit 0274275499





9am - 12pm in the Sydenham Lounge, Cashmere Club

Please register your child online through our website before you come - see link in post

Then pop down to our junior registration morning so your child can be weighed, try on their team jersey, jacket or shorts for correct sizings. There is limited old stock of shorts and socks; new stock can now be purchased through our online store.

See you there!



Registrations are Open for the 2023 Season!!!

We are a family friendly club with teams for all ages and abilities.

Year 3 - Year 6

NO TRIALS - teams are put together based on skill, school and friends.

*Ensure to put information on the registration form with your player's ability, school, and friends who would like to be in a team together so we can organise this as best we can.

Year 7 and 8

TRIALS will be held on Sunday 5th March and Sunday 12th March at Hagley courts
Year 7: 5th March 9,00am-11.30am; 12th March 1pm-3pm
Year 8: 5th March 10.00am-12.00pm; 12th March 1pm-3pm

Important Change for 2023 Year 7 & 8 Trials

Please note that trialling is <u>optional</u> for being placed in a team.

However, if you wish to be considered for the Year 7 & Year 8 <u>A.8.</u> It earns then you must trial.

See our website for further important details and note you must be registered <u>prior</u> to attending trials and before being allocated to a team. We strongly recommend attending <u>both</u> trials, and if your player can't a trial its important the Club is informed by emailing <u>ashmerenetball@hotnall.com</u> with details of which trial you can and which trial you can't attend this enables selectors to manage trials fairly for all the senables selectors to manage trials fairly for all the senables selectors to manage this fairly for all the senables selectors to manage this fairly for all the senables selectors to manage this fairly for all the senables selectors to manage this fairly for all the senables selectors to manage this fairly for all the senables selectors to manage this fairly for all the senables selectors to manage this fairly for all the senables selectors to manage the senable that the senable selectors that the senables senable that the senables senables that the senables senables senables that the senables senables the senables senables that the senables senables that the senables senables that the senables senables that the senables that the senables senables senables that the senables senables se

Please keep an eye on our Facebook page and Website for further updates.

https://www.sporty.co.nz/cashmerenc https://www.facebook.com/groups/cashmerenetballclub

EVENING SPRINT HANSEN PARK & SCHOOLS

Summer Sprint series 2023

Tuesday 14 March 2023

Map: Hansen Park & schools

Event Type: Evening Sprint

Planner: Jack Vetcher & Greta Prince

Controller: Sara Prince

Evening Sprint. Hansen Park & schools.

Three sprint orienteering courses (distance 1.5km - 3km), with something to suit everyone, from beginners to experts. Includes easy course for those who are new to the sport and would like to give it a go. All welcome! Event suitable for the whole family.

For entry details, payments, costs and event timings see the sprint series website: https://papo.org.nz/series/view/32/summer-sprint-series-2023

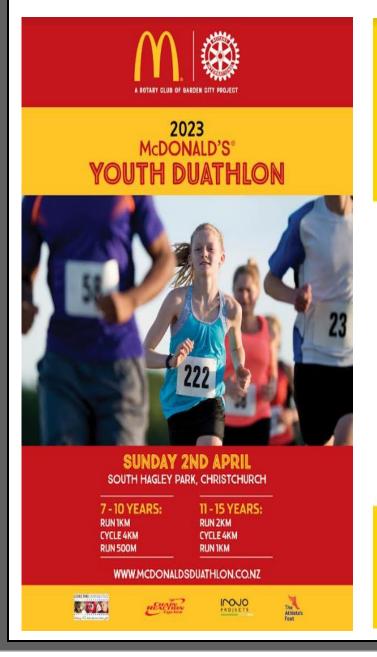
Travel directions & Parking:

Event will be based on Riverlaw Terrace, to the south of Hansen Park (across the Heathcote River). Near to 364 Riverlaw Terrace.

Park on Riverlaw Terrace or adjacent residential streets.

Dogs under effective control are allowed.









MESSY PLAY









Messy Play at Woolston Playcentre

Mondays & Fridays, 10am-12noon For tamariki aged 0-6 years. Bookings essential.

Woolston Playcentre, 29 Portman Street, Woolston Email: woolston@playcentre.org.nz or text/phone 027 808 7302