Term 2, Week 9 21<sup>st</sup> June 2023

# Te Kura o Ōpāwaho/Opawa

**School** 



30 Ford Road, Christchurch Telephone: 332 6374 Cell: 022 319 1181

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#### Kia ora tātou!

We have had an incredibly purposeful and successful few weeks as we charge toward the July break. This has included, but is not limited to:

- Our Year 3/4 students are currently enjoying their intensive two weeks of swimming lessons at our local pool - Te Pou Toetoe / Linwood Pool.
- Some of our classes enjoyed sessions from Mātakiwi Wakefield and her team from Tūranga, yesterday about Matariki. Our whole school community are getting excited about our Matariki celebration next Wednesday night - thanks to everyone who is contributing to the preparation and planning for this!
- Our Home and School held their AGM last week. We are so blessed to have such a wonderful group of people who help make our school an awesome place
- Today our Pasifika Group are at a combined practice at Linwood Avenue School for their performance in August on the big stage as part of the 2023 Sau la Festival.

#### Congratulations to:

- Jemma (kaiako / teacher in Room 9) for recently completing her Level 3 Te Ahu o Te Reo Māori Course
- Jack Sexton (Teacher Aide) who is part of the wider Crusaders training squad and is currently preparing with the team for the final this weekend
- Alice and Jordan both their partners (Tamaiti and Braydon) are playing for the Crusaders this week in the final in Hamilton and both Tamaiti and Braydon have been named in the recently announced All Blacks team.
- Our Year 7/8 (OPOWER) EPRO 8 team for coming 5th out of 12 teams at their competition at Hillmorton High last Thursday. We narrowly missed out on making the top 3 and advancing to the next round.
- Our teaching staff in general for completing school reports for our students. These will be sent out this Friday
- All our support staff for their commitment to our students and the skills and energy they bring to their roles
- Our junior team for transitioning so many students into new classes this week due to an increase in new entrant enrolments

And finally - all the best to Lucy Davies (Year 8) who is competing at the Canterbury Cross Country Championships today at Ngā Puna Wai - tu meke (you're awesome).

We look forward to seeing many of you next Wednesday night to celebrate Matariki as a whole school community.

Ngā mihi,

Sally and the awesome Team at Te Kura o Ōpāwaho / Opawa School







Welcome to our new students and their Whānau/families: Kaiser & Pasila Rm1 and Maxwell Rm3



our Crusaders (Optional)

#### DATES FOR THE DIARY

#### Term 2 Dates

Board Hui 21<sup>st</sup> Jun Swimming Yr 3/4 at Te Pou 19<sup>th</sup> - 30<sup>th</sup> Jun

Toetoe

Board Hui 21<sup>st</sup> Jun
Canterbury Cross Country 21<sup>st</sup> Jun
Red & Black Day 23<sup>rd</sup> Jun
Matariki School Community 28<sup>th</sup> Jun

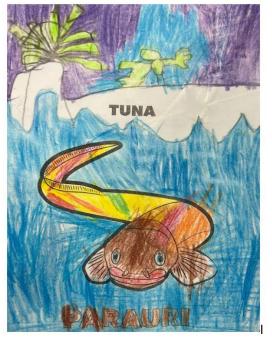
Evening 5-7pm

2023 TERM DATES

 Term 2
 24th Apr-30th Jun

 Term 3
 17th Jul-22nd Sep

 Term 4
 9th Oct-15th Dec



Artwork designed by Marcus Acker - Room 4

# **MATARIKI 2023**

# Wednesday June 28th 5pm – 7pm

Nau mai, haere mai to our whole kura / school community Matariki event to celebrate the **Māori New Year** and the children's learning.

Listen to the music of the Concert Bands as we meet in the hall. Collect your Matariki Passport/Programme. Then visit the activities: soup taster and fry bread, milk milo and star biscuit decorating, face painting and hair braiding, weaving, games and more.

Finish the night back in the hall with performances from our Year 3/4 Dance Crew, Pasifika and Kapa Haka groups. Colouring competition winners announced and spot prizes!

> Ka kitea a Matariki, ka rere te kanakana. (When the Pleiades star is seen, the Lamprey migrate.)

The Whānau Group are requiring ice cream containers with lids and wool, to help with preparations for Matariki. If you have either of these, could you leave them on the tables at the back of Room 6 along from the library. Ngā mihi

As we are a Pack-In, Pack-Out School and we wish to be environmentally friendly, could you bring along your 'keep-cup' / 'travel-cup' for the soup taster or milo options. Ngā mihi (thank-you)

#### Mana Ake 'Phone Call' opportunity



What is it? This is an opportunity to receive a phone call from Alisha Keith one of our Mana Ake kaimahi/team members to discuss any wellbeing and/or mental health issue for you and your whānau/family. The kaimahi work alonside the school to promote wellbeing and provide support.

Kaimahi have a diverse range of skills and include, social workers, counsellors, teachers, youth workers and psychologists.

**About Alisha:** My background is in Social Work and my passion is working with children. I love my job and value the importance of supporting the well-being of our tamariki. It is a privilege to be a part of supporting them in many different ways. I enjoy learning about the tamariki and implementing their interests into the sessions we have, however I can.

**How to access it:** email <u>lisa@opawa.school.nz</u>; with your name and contact details and Lisa will get back to you to arrange an appointment time.



Home and School would like to thank you for supporting the Sausage Sizzle in of Term 2.

Unfortunately we won't be able to continue in Term 3 as we are short of volunteers.

It has been very popular with up to 250 sausages cooked weekly as the term went on.

If in the future you would like to volunteer to be a part of the sausage sizzle or any of the other events or fundraisers led by Home and School, please email us at opawahas@gmail.com





# OPAWA HOME & SCHOOL PIE FUNDRAISER

10 great flavours! \$8.50 each





Please make sure you check your child/ren's class number is correct

\*Chicken, cream cheese & chilli \*Steak \*Mince, cheese & relish \*Vegetarian \*Mince

\*Apple \*Apricot \*Apple crumble \*Apple & boysenberry \*Boysenberry & apple crumble,

with chocolate

# Order pies through Lunchonline.co.nz

- Register an account if you are not already registered: https://orders.lunchonline.co.nz/Home/RegisterAccount
- 2. Add member/s including your name and classroom
- 3. Make a payment to have funds in your account before you order
- 4. Select School Items and buy you pie

The new look Lunchonline now has Lunch Orders and School Items separate:

Go to School Items (below School Lunches) - Select Member- Start Order.

Drop down on Pies and order!

PIES WILL BE DELIVERED TO THE SCHOOL ON AUGUST 25TH -ORDERS CLOSE AUGUST 11TH

Email: info@lunchonline.co.nz with any queries

### **School Lunch Orders**





Sushi Factory every Wednesday & Friday

Order sushi before 8.30am

**Delicious lunches delivered to your school** 

www.lunchonline.co.nz

It's simple; all you need to do is register at

www.lunchonline.co.nz

and follow 4 easy steps to get started

- 1. Register an account
- 2. Add member/s including your name and delivery location
- 3. Make a payment to have funds in your account before you order
- 4. Select your lunch and place an order



Phone 0800 LOL LOL (0800565 565)

info@lunchonline.co.nz



# **Tuesday**

To place an order for your child, simply visit <a href="https://www.subway.co.nzschools">www.subway.co.nzschools</a>, log on, select <a href="https://subway.co.nzschools">SUBWAY School Lunch Programme –</a>
Ferrymead Branch and follow the instructions to place an order before 9am each Tuesday. Please note that you can order days beforehand if you wish.

Please remember snacks are still required when your child has ordered lunch

## **School Uniform**

**Our uniform supplier is:** 

Mainland Uniforms

189 Peterborough Street

City

Phone: 377-6771



Students are expected to take pride in their appearance.

Please see <a href="http://www.opawa.school.nz/uniform.html">http://www.opawa.school.nz/uniform.html</a> for the full Ōpāwa School uniform.

The uniform should be clean, tidy and named.

**Only** the long sleeved Ōpāwa School undergarment (gunmetal grey) should be visible under the Ōpāwa polo shirt.

Socks/tights - plain navy, black or white.

Shoes must be black, brown or predominantly white trainers, leather shoes or sandals.

School sun hats must be worn in Terms 1 and 4. Plain black or beige bucket/wide brimmed hat or cap.

No nail polish and/or makeup to be worn at school.

Coloured hair is not appropriate.

Hair accessories: plain black, nave or orange headbands, ties, ribbons, bows or clips. Ties, ribbons, bows or clips to be no longer than 8cm in diameter.

Drawing on skin and tattoo transfers are not acceptable.

One piece swimming togs are recommended.

No jewellery should be worn except watches and ear studs or sleepers. No other earrings. Any other jewellery, including rings and necklaces can be a safety hazard and are not to be worn at school. All jewellery must be removed for sport. Variations due to cultural or religious beliefs are allowed on written request from parents/caregivers.

The final decision on all matters relating to the uniform resides with the principal









This winter, between **Monday 12 June and Saturday 30 September**, participating community pharmacies in Canterbury will provide a Minor Health Conditions Service for **Māori and Pacific people**, **children aged under 14 years**, **and community service card holders**.

- The service allows pharmacists to have a clinical consultation and provide advice as well as medication if needed for a select set of minor ailments at no cost to the patient.
- It also **includes whānau members of a child with similar symptoms**. For example, if the pharmacist determines your child needs treatment for scabies and they have older brothers or sisters, or you yourself also have symptoms, they may provide advice and medication for all of you.
- The following health conditions are included in the Minor Health Conditions Service:
  - Acute diarrhoea
  - Dehydration
  - Eye inflammation and infections
  - Scabies
  - Headlice
  - o Pain and fever
  - o Eczema/Dermatitis
  - Minor skin infections
- If your condition needs further support, the pharmacist can tell you the best place to go for your condition to get further help.
- Participating pharmacies can be found by going to HealthPoint and searching "Minor Ailments". You can also find a list here www.tewhatuora.govt.nz/go-well.



### July School Holiday Programmes

Kelly Sports will once again be providing our Active and Fun Sports based Holiday Programmes across Christchurch this July. All of our Sports based programmes are active, keeping your children busy through a variety of fun games and activities.

As an Oscar accredited programme, families that are eligible can apply for Work and Income Childcare Subsidies and we also offer a 10% Sibling Discount (see online for these discount codes).

For more information please visit <u>www.kellysports.co.nz</u> to check out your nearest venue.



# TOURING AOTEAROA THROUGH JUNE-JULY 2023 DURING TERM AND THE SCHOOL HOLIDAYS!

The much-loved Glow Show is back!

82.000 Kiwi kids have already seen these innovative, glow-in-the-dark giant puppet shows, which are an obsolute favourite for schoolchildren and educators. The Glow Show's latest storytelling bonanza is at a venue near you, this June and July.

Bring your family, and book early for school holiday group discounts! For every 10 tickets, get one free\*!

This year it is the Wonderland Glow Show - a fabulously Kiwified version of Alice in Wonderland, Perfect for 0 - 7 year olds!

The show's masterfully crafted characters and intriguing scenery will transport its audiences into a weird and wonderful world of dancing flamingos, an eight-metre caterpillar and giant flowers.

Wonderland Glow Show is all about reading being a true superpower, a power every kid has inside!

The Glow Show educates and entertains, by promoting literacy and Te Reo Māori, and celebrating the exquisite art of ultraviolet puppetry.

It offers a truly memorable experience with positive and upliffing messages for tamariki.

## Wonderland Glow Show will be at The Piano, Christchurch, MONDAY July 10! JULY SCHOOL HOLIDAYS

10am & 11:30am - \$23.50pp (Babies under 18 months free of charge with paying adult)

One day only, so don't miss out!



The Wonderland Glow Show is proudly presented by Little Green Man Productions
Join us on Facebook! <a href="www.facebook.com/glowshowco">www.facebook.com/glowshowco</a>



Ovation Musical Theatre is a new charity in Otautahi and we're putting on our first Junior Musical show in September this year and we are looking for young performers to audition for this show. We are reaching out to spread the word of this great opportunity for the Tamariki in our community. This show has a diverse and multicultural cast and we are excited to bring something to the stage which embraces our Pacific Community. Below is a brief outline of the show.

'Once On This Island Jr' is a joyously fun show which celebrates Island Folklore and through almost non-stop song and dance, this full-hearted musical tells the story of Ti Moune, a peasant girl who rescues and falls in love with Daniel, a wealthy boy from the other side of her island. When Daniel is returned to his people, the fantastical gods who rule the island, guide Ti Moune on a quest that will test the strength of her love against the powerful forces of prejudice, hatred and even death.

The age range for this musical is 8 to 18yrs and there's something for everyone. I have included a link to our audition notice below, which has more information about rehearsals and audition times <a href="https://form.jotform.com/231310820671041">https://form.jotform.com/231310820671041</a>





#### **CodeCamp July School Holidays**

CodeCamp allows children from the ages of 7-12 to develop 21st century skills in a fun and action packed environment.

Develop confidence & initiative through design, creativity, solving problems, presenting & collaboration. Create games, apps.

Waimari School: 3rd - 6th & 10th - 13th July Book Now at <a href="https://codecamp.co.nz">https://codecamp.co.nz</a> EarlyBird Save15% Siblings Save 6%



"Looking for a summer sport? Want to try something new? Do you like being part of a team?

Then look no further and try Marching! We have teams all around Christchurch and may even train right here at your school. We cater for all ages from 4yrs to 50yrs. If you are looking for a bit of fun, want to find friends and travel NZ then message us now.

find us on facebook "Marching Canterbury" or email your interest at publicitymarchingcanter











# Tuning in to Kids + Tuning Into Teens Emotionally Intelligent Parenting - Term 3 2023 dates

A six-session programme for parents/caregivers of children aged 5-12 years

Tuning Into TEENS is an option for parents/caregivers of tamariki in school years 6-8 (10-13yrs)

TIK and TINT are evidence-based programmes designed to teach parents & caregivers:

- Awareness and regulation of their own
  - and their children's emotions
    To use children's emotional
    experiences as an opportunity for
  - closeness and teaching
    Skills in assisting children to verbally
    label and manage their emotions
- label and manage their emotions

  Skills in assisting children to problem solve, and guide children's behaviour with appropriate limits

#### Sessions include:

- · Watching video material
- Group discussions and exercises
- Role plays
- Home activities to practice different ways of responding to your child's emotions
- Participants sharing their own experiences within the group

See below for courses running in Term 3 2023. It is free to attend, you must attend all 6 sessions. To sign up for a group please email the course facilitator. <u>Please note: Tuning Into TEENS option is specifically tailored towards parents of children aged 10+</u>

Start date	Day/Time	Location	Facilitator contact
Mon 31st July	Mondays	Prebbleton School	Colleen Rountree
Tuning Into Kids	7pm- 9pm		colleen@hpct.org.nz
Tues 25 <sup>th</sup> July	Tuesdays	Thorrington Primary	Janna Nicholson
Tuning Into Kids	12:45- 2:45pm	School	Jann@mmsi.org.nz
Wed 9th August Tuning Into Kids	Wednesdays 9:30am – 11:30am	Waipuna SJOG, Cnr Woodham and Pages Rd, Linwood	Suzi Lammers Suzi.lammers@sjog.org.nz
Tues 1st August	Tuesdays	Online via Zoom	Sandra Keenan
Tuning Into Kids	7pm – 9pm	LIMITED SPACES	Sandra.Keenan@ccn.health.nz
Mon 31st July Tuning Into TEENS Parents of children aged 10+	Mondays 7pm- 9pm	Online via Zoom	Becky Voisey beckyw@mmsi.org.nz

# 5-17 YEARS OLD? LOOKING FOR FUN? JOIN ST JOHN YOUTH

Lyttelton Youth Division welcomes you to our Youth Programme. St John Youth is a vibrant leadership programme that focuses on the development and success of young people. Come along to St John youth where you gain valuable skills in first aid, communication, drill and more.

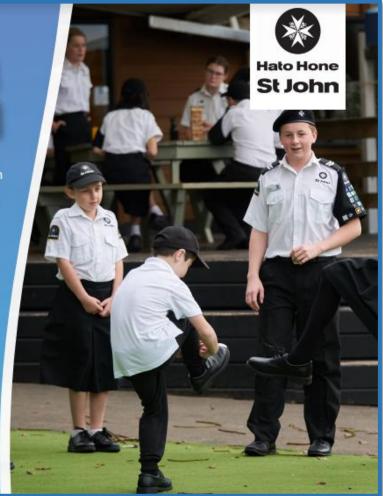
Tuesday's during Term Time 6.30pm -8pm

Lyttelton St John Station 52 London Street, Lyttleton.



For more information, contact:

Libby Ornsby
libby.ornsby@stjohn.org.nz
Or visit www.youth.stjohn.org.nz





CREATIVE THERAPIES COLLECTIVE PRESENTS

# The Creative Club

CREATIVITY AND THERAPEUTIC-ART FOR WELLBEING



A club for kids that uses art therapy and creativity to:

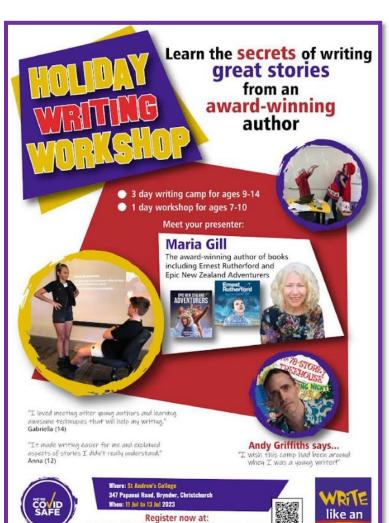
- Build self-confidence in a supportive small group environment
- Increase resiliency and coping skills
- Learn about social and friendship-making skills
- Practice emotional regulation skills
- Develop strategies to reduce anxiety
- Build a stronger connection between parent and child (parents can stay and play / create or drop and go in the 5-8 year group)

10-Week Program \$300 - Lump sum or weekly options.

St Martins Community Center 122 Wilsons Rd South. Starts 21st July 5-8yrs Friday 3.45-4.45 pm 9-12yrs Friday 5.00-6.00 pm

creativetherapiescollective.com to book













# PLACES AVAILABLE

#### **Kidsfirst Hargest Cres** Email us now: hargest@kidsfirst.org.nz

Come in to: 33 Hargest Cres, Waltham Call us: (03) 379 0136 findakindy.co.nz